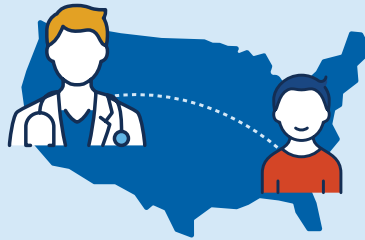


Telehealth for Children and Youth with Special Health Care Needs

How can telehealth improve my child's health care?



Telehealth enables care from home, reducing travel time and offering more flexible scheduling



Telehealth lets you consult with providers, family members, and caregivers at the same time

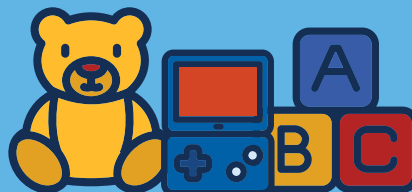


Telehealth visits can provide care without exposure to contagious illness

How can I help my child participate in a telehealth visit?



Set up the visit in a comfortable place. Let your child wear loose, comfy clothes



Minimize distractions



Encourage your child to talk and answer questions, if possible

How can I prepare for my child's telehealth visit?



Make sure you have internet access and the devices your child needs to communicate



Role play with your child so they are comfortable discussing their health



Talk with the doctor about follow-up care, such as:

- Bloodwork and lab tests
- Changes in medication
- Follow-up visits
- Plans to address behavior, emotional, or social concerns

Visit **Telehealth.HHS.gov**



HRSA
Health Resources & Services Administration